

HOSA APPENDIX D

HOSA's OFFICIAL DRESS CODE POLICY

HOSA's dress code policy has different areas of emphasis: general session dress; competitive events dress; and official function dress (workshops, HOSA expo and social activities). Be sure to also view the [Dress Code Poster](#) for a visual representation.

General Session Dress (REQUIRED):

HOSA's Official Uniform Policy

- Tailored navy blazer with emblem affixed over the heart.
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- Accents: maroon HOSA scarf or maroon or navy long tie
- Closed-toe blue or black (hose optional for women)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed.

OR,

- Black or navy-blue suit
- White, closed-neck, tailored dress shirt (maroon or navy long tie)
- White blouse (can be member's choice)
 - Accent: maroon HOSA scarf (optional)
- Members may choose to wear knee-length skirt or slacks
- Closed-toe blue or black shoes (hose optional for women)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed.

Competitive Events Dress:

Delegates must adhere to the policy as specified in the individual competitive event guidelines for the orientation and event in which they are competing.

If the competitive event guidelines identify **business attire** is appropriate, competitors can either wear the official HOSA uniform or any of the following dress is acceptable (color is not specified for clothing or shoes for competition):

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| • Suit | • Shirts |
| • Sports Jackets | • Skirts |
| • Pants | • Dresses |
| • Jackets | • Shoes (closed-toe; open-toe; heeled sandals are permitted) |

Or, Official HOSA Uniform

If the competitive event guidelines identify **clinical uniform or attire appropriate to the occupational area for skill events**, the following dress is acceptable (can be of any color/design, with or without a HOSA emblem):

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| • Scrubs, EMS attire, CERT attire | • Clinical shoes or tennis shoes |
| • Khaki-style Pants with Polo-style Top | • Note: Shorts and flip-flops are not acceptable HOSA clinical attire. |

Process for Awarding Competitive Event Dress Bonus Points:

- For all competitive events, five (5) bonus points will be added in Tabulations once per competitor and/or team for appropriate dress. In team events, all team members must be properly dressed to receive the bonus points. Exceptions are as noted in the event guidelines.
- At the ILC, dress bonus points are awarded unless a dress violation is agreed upon by the Event Manager and a member of the HOSA CE staff. The Event Manager must notify the Event Lieutenant or Category Chair. When dress points are not awarded, this must be indicated on the HOSA Event Section Summary form, and signed by a member of the CE Program staff.
- Judges are NOT responsible for the awarding of dress bonus points; this is handled by competitive event personnel.

Competitive Events Dress Tips:

No policy can possibly cover all contingencies so HOSA members must use a certain amount of judgment in their choice of clothing to wear for HOSA competition. HOSA members who experience uncertainty about acceptable HOSA attire should ask his/her HOSA local or state advisor.

Unacceptable clothing for competition (but not limited to):

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| • Casual tank, crop or tube tops | • Denim clothing or canvas shoes | • Torn, dirty, or frayed clothing |
| • T-shirts | • Denim pants in colors other than blue | • Clothing that has obscene or suggestive printing or pictures that may be offensive. |
| • Sweat pants/shirts | • Blue jean skirts and dresses | • Flip-flops and Thong sandals: shoes that are flat, backless, made of rubber or leather, plain or embellished with beads, etc., consisting of a flat sole held loosely on the foot by a Y-shaped strap, like a thin thong, that passes between the first (big) and second toes and around either side of the foot. |
| • “Shorts”, “capri pants” and other short pants (Dress pants are acceptable.) | • Beach wear; athletic clothing, swimwear, sheer or mesh clothing and sports clothes | |
| | • Revealing clothing i.e. excessive cleavage, back, chest, stomach, under garments, etc. | |

Note about HOSA’s Dress Code Policy:

- Head covers that are required for religious purposes or to honor cultural tradition are allowed.
- A competitor should dress appropriately, based on the dress standards outlined for the gender to which they identify.

Official Function Dress (Workshops, HOSA Expo and Social Activities):

Appropriate business attire is required for official functions including the HOSA Expo and workshops in conjunction with the ILC. Social activities dress code will include everything EXCEPT: athletic clothing, swimwear, sheer or mesh clothing, tank tops, muscle shirts, crop tops and clothing with obscene or suggestive printing. Shirt straps must be two inches wide and the length of shorts and skirts must be at minimum to the fingertip.