

Possible Virtual Skills

* This list of skills may be potentials for the virtual setting as they are less equipment intensive and may be easier for competitors to perform virtually. [Refer to the Equipment List online for required items](#)

BT

Skill I Identification of Laboratory Instruments/Equipment

Skill II Infection Control and Transmission-Based Precautions

CERT Skills

Skill I Treating Life Threatening Conditions

Skill II Head to Toe Assessment

Skill IV Splinting a Closed Fracture

CPR/First Aid

Skill II Choking

Skill IV Severe Burns

Skill V Heat Related Emergency

Dental Science

Skill VI Identifying Instruments/Equipment

EMT

Skill I: Patient Assessment – Trauma

Skill II: Patient Assessment – Medical

Skill IV – A Joint Immobilization

Skill IV – B Long Bone Immobilization

Skill V Bleeding Control

Home Health Aide

Skill I: Taking an Adult Tympanic Temperature

Skill IV: Changing a Dry Dressing Using Non-Sterile Technique

Skill V: Giving a Back Rub

LSS

Skill III Severe Bleeding

Skill IV: Choking

Skill V: Broken Bone/Sprain and Splinting

Skill VI: Heat-Related Emergency

Life Threatening Situations

Skill I Calling 911

Skill II Stop the Bleed

Skill III Positioning Unconscious Injured

Medical Assisting

Skill I: Perform a Telephone Screening

Skill VIII Waste Container

Nursing Assisting/Personal Care

Skill I: Handwashing

Skill II Donning PPE

Pharmacy Science

Skill II: Verifying Content of Controlled Substance Prescription & DEA Number

Skill V: Identifying Pharmacy Instruments/Equipment

Physical Therapy

Skill VI: Ice Pack Application

Skill VII: Transfer from Supine to Sitting Position

Skill VIII Donning and removing isolation garments

Sports Medicine

Skill II: Joint Action & Maximum Range of Motion Identification

Skill III A-D Taping/Wrapping

Veterinarian Science

Skill II: Lifting and Restraining a Dog

Skill III: Identify Equipment & Instruments

Skill V: Identification of Companion Animal Breeds/Species